

# WELCOME TO THE TWIN CITIES

June 2021

PREPARED BY



**SHPE**

Leading Hispanics in STEM

Twin Cities  
Professional

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[shpetwincities.org](http://shpetwincities.org)



Boom Island Park

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Latte @ Cafe Astoria

## + DRINKS

### La Doña Cervecería

241 Fremont Ave N, Minneapolis

### Nico's Tacos

Uptown: 2516 Hennepin Ave, Minneapolis

Como: 2260 Como Avenue, Saint Paul

### Centro at Popol Vuh

1414 Quincy St NE, Minneapolis

### Hola Arepa

3501 Nicollet Ave, Minneapolis

### Vivir Mpls

1414 Quincy St NE, Minneapolis

### Travail 3.0, Basement Bar

4134 Hubbard Ave N, Robbinsdale

## FOOD

### El Jibarito Restaurant (Puerto Rican)

901 Southview Blvd, South St Paul

### Chimborazo (Ecuadorian)

2851 Central Ave NE, Minneapolis

### TequeArepa (Venezuelan)

7733 Flying Cloud Dr., Eden Prairie

### International Cuisine (Ecuadorian/Peruvian)

3508 E Lake St, Minneapolis

### Café Racer (Latin American)

2929 East 25th Street, Minneapolis

### La Colonia (Colombian/Ecuadorian)

2205 Central Ave NE, Minneapolis

### Maria's Cafe (Colombian)

1113 E Franklin Ave, Minneapolis

### DelSur Empanadas (Argentinian)

14725 Excelsior Blvd, Minnetonka

### Boludo (Empanadas/Argentinian)

3749 Nicollet Ave, Minneapolis

### Guavas Café (Cuban)

5607 Chicago Ave, Minneapolis

### Martina (Argentinian)

4312 Upton Ave S, Minneapolis

### Manny's Tortas (Mexican)

920 E Lake St, Minneapolis

### Taqueria La Hacienda (Mexican)

334 E Lake St #101, Minneapolis

### Maya Cuisine (Mexican)

1840 Central Ave NE, Minneapolis

### Manana Salvadorian (Salvadorian/Mexican)

798 E. 7th St, St. Paul

# MERCADOS

## Sun Foods Supermarket

544 University Ave W, St Paul  
6350 Brooklyn Blvd, Minneapolis

## El Burrito Mercado

175 Cesar Chavez St, St Paul

## Dragon Star Supermarket

8020 Brooklyn Blvd, Brooklyn Park

## Midtown Global Market

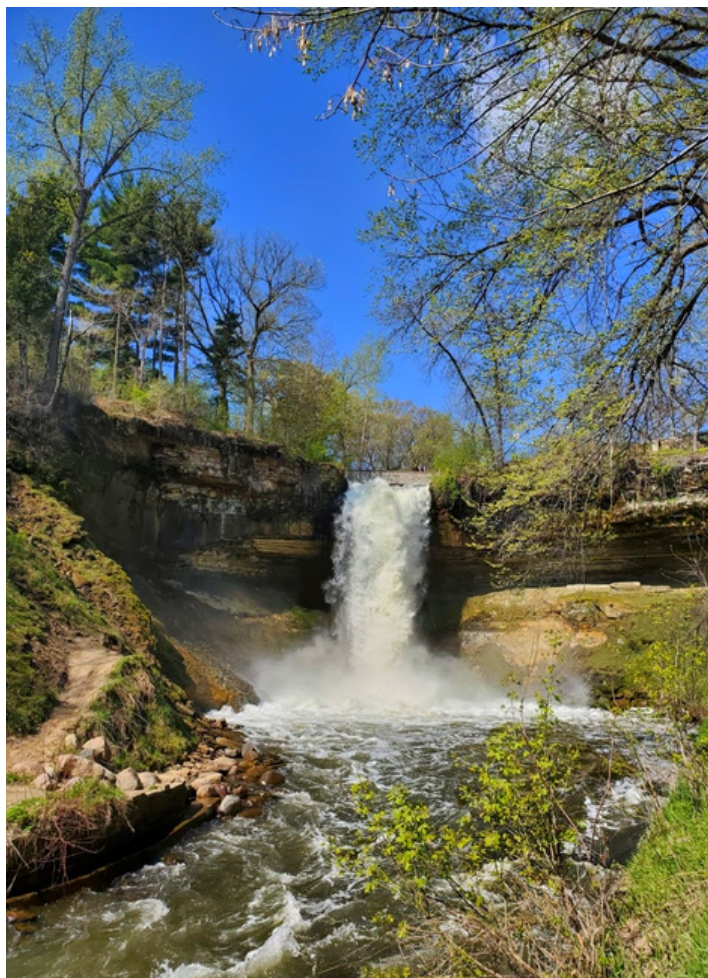
920 E Lake St, Minneapolis

## Mercado Central

1515 E Lake St, Minneapolis

## Vivir Mpls

1414 Quincy St NE, Minneapolis



Minnehaha Falls



Skyline view from Guthrie Theater

# LATIN DANCING

## La Doña Cerveceria

Saturday Nights - \$10 Cover

## Loring Pasta Bar

Friday & Saturday Nights - \$10 Cover

## Mediterranean Cruise Café

Saturday Nights - \$10 Cover

## One Reason Dance Studio

## Duende Dance Studio



Sculpture Garden Minneapolis

# ACTIVITIES

## Spring / Summer

- Visit Minnehaha Falls
- Walk through the Stone Arch Bridge
- Enjoy the a drink at a brewery patio
- Visit the Minneapolis Sculpture Garden
- Visit the State Fair
- Attend Professional Sporting event
  - MN United - Soccer
  - MN Twins - Baseball
  - MN Timberwolves - Basketball
  - MN Lynx - Basketball
- Dance Salsa at Mediterranean Cruise Cafe
- Visit one of the 10,000 lakes
- Visit the Minneapolis and/or Como Zoo & Conservatory

- Shop at Mall of America
- Ski or Snowboard at Afton Alps
- Go sledding
- Go Ice Fishing
- Grab coffee with a friend at a local coffee shop
- Cross-country Ski at Hyland Lake Park Reserve in Bloomington
- Visit an Ice Castle
- Attend Professional Sporting event
  - MN Wild - Hockey
  - MN Vikings - Football
- Drive through the North Shore, and visit State Parks - Beautiful Fall colors in October
- Walk on a frozen lake
- Hit the range at Top Golf
- Corn mazes, Apple Orchards, Pumpkin Patch

# ACTIVITIES

## Fall / Winter



Downtown Minneapolis